Summer Calendar of FUN 3ANUARY 2025

Experience a Summer of Fun across Active Manningham Facilities

MONDAY **HEALTHY LUNCH BOX IDEAS WORKSHOP** @Aquarena 11am **HOLIDAY ACCELERATED SWIM PROGRAM** 13-17 JAN

Free waterslide days @Aguarena will be announced on the day via our social media pages!

Waterslides will be open during the summer on days where the temperature is over 26 degrees in Melbourne (BOM).

> **Pool Party** @Aquarena 🕊 llam-3pm with a special Mermaid visit

TUESDAY

13 Intro to Reformer Pilates @Aquarena 10.30am

ACTIVE MANNINGHAM SWIM SCHOOL **NEW YEAR** RETURNS **BETTER YOU** 6-WEEK GYM **CHALLENGE**

> 27 **PUBLIC HOLIDAY Aquarena**

28 **Family Swim** @Aguarena All Day

Family Swim

@Aquarena All Day

NEW YEARS DAY

WEDNESDAY

Water Safety talk 1.30pm-2.00pm @Aguarena

@Aquarena 9.45am on

Pool Party @Aquarena Parent & Bubs

11am-3pm with friendly animal visits

THURSDAY

WONGA PARK
COMMUNITY COTTAGE

WONGA PARK

Activation

9-11am

22 Rhyme Time with Manningham Library at @Aquarena 10.30am to 12.30pm for all children

> 29 SCHOOL **REOPENS!**

Intro to Reformer Pilates @Aquarena 10.30am

Water Safety talk

1.30pm-2.00pm

@Aguarena

WE WOULD LOVE YOUR FEEDBACK Scan the OR code to fill out a short survey

Walk Talk and 3 Coffee @Mullum **Mullum Stadium** 11am

FRIDAY

Evening **Hoops Party**

Mullum Mullum Stadium from 4pm-10pm

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Mullum Mullum Stadium from 4pm-10pm

Members

@Aguarena

Mingle

12pm

FREE BBQ 11am-

ELTHAM DANDENONG JUNIOR BASKETBALL **TOURNAMENT** @MANNINGHAM **STADIUMS** 24-27 JAN

SATURDAY

CARERS DAY

Free Entry at

Aguarena & Mullum

Mullum Stadium

PICKLEBALL

9am-5.00pm

COME AND TRY!

Leeds St Stadium

11

Family Sunset Yoga/Tai Chi

EVERYDAY!



12

19

26

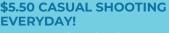
SUNDAY



Family Sunset Yoga/ Tai Chi



Family Sunset Yoga/Tai Chi







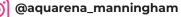
Active Manningham Stadiums

activemanningham.com.au

8.00am to 6.00pm



21





@manninghamstadiums



@activemanningham





Experience a Summer of Fun across Active Manningham Facilities

Aquarena Pool Party

Date: Tuesday 7 January 2025

Time: 11:00am-3:00pm

Place: Aquarena 50m outdoor pool

Enjoy small pool inflatables and a special

mermaid visit!

Date: Thursday 16 January 2025

Time: 11:00am-3:00pm

Place: Aquarena 50m outdoor pool

Have fun with small pool inflatables and meet friendly animals, including a koala, possum,

wombat and many more.

Evening Hoops Party

Dates: Friday 10 January & Friday 17 January

2025

Time: 4:00pm-10:00pm

Place: Mullum Mullum Stadium

Join the fun with music and special café

deals.

Healthy Lunch Box Ideas Workshop
Date: Monday 6 January 2025

Time: 11:00am (15 minutes)

Place: Aquarena foyer Learn quick and fun healthy lunchbox ideas in this free workshop, available for members

Wonga Park Activation Date: 9 January 2025 Time: 9:00am-11:00pm

Place: Wonga Park

and casual quests.

Join us for a fun-filled community activation! Enjoy fitness demos, family activities, giveaways, and learn about Aquarena's programs, all while promoting health, connection, and wellbeing for all ages. **Carers Day**

Date: Saturday 11 January 2025

Time: All Day

Place: Aquarena and Mullum Mullum

Stadium

Free entry for carer (on presentation of a $\,$

carers or companion card).

The carer doesn't need to be with the individual they provide care to, this is a special day designed for carers to take an opportunity for themselves to use the centre.

Family Sunset Yoga/Tai Chi

Date: Every Sunday in January 2025

Time: 7:00pm-8:00pm

Place: Ruffey Lake Park Yoga Platform

Bring the family to this free yoga or Tai Chi session. BYO yoga mat, towel, and water. Weather updates on social media.

Intro to Reformer Pilates

Dates: Tuesday 14 January & Thursday 30

January 2025 Time: 10:30am

Place: Aquarena Reformer Studio

Learn the basics of reformer Pilates, focusing on core strength, alignment, and gentle stretches.

Members Mingle BBQ

Date: Friday 24 January 2025

Time: 11:00am-12:00pm

Place: Aquarena (near the 50m outdoor

pool)

Join fellow members for a free BBQ and social hour.

Water Safety Talk

Date: Wednesday 8 and Thursday 23

January 2025

Time: 1:30pm-2:00pm

Place: Aquarena

Learn how to stay safe by following key water

safety tips.

New Year Better You 6-Week Gym Program

Date: Starts January 2025

Time: Mornings, Monday Wednesday Friday

Place: Aquarena Health Club and various

locations to mix it up

Kickstart your fitness goals with a six-week program to build healthy habits and confidence in the gym.

Parent & Bubs Swim Class (Aquatic Playgroup)

riaygroup)

Date: Every Wednesday, starting 22

January 2025

Time: 9:45am-10:15am

Place: Learn to Swim Pool, Aquarena

A fun and interactive water familiarisation class for parents and babies aged 3-12 months. Build water confidence and develop early swimming skills in a safe environment.

Pickleball Come and Try

Date: 18 January 2025 Time: 9:00am-5:00pm

Place: Leeds Street Stadium

Discover pickleball, one of Australia's fastestgrowing sports, with this free hands-on session.

Rhyme Time with Manningham Library Date: Tuesday 22 January 2025

Time: 10:30am-12:30pm

Place: Aquarena Childcare

Enjoy nursery rhymes, storytelling, and clapping games to support early literacy and language development.

Walk, Talk & Coffee

Date: Friday 3 January 2025

Time: 11:00am

Place: Mullum Mullum Stadium

Join a free community walk around the reserve, followed by coffee at the Mullum Mullum Café. If the temperature is too hot, it might lead to the risk of snakes coming out in the reserve, in which case we will serve free coffees and mingle inside the stadium cafe.

\$25 Family Swim Tuesdays

Date: Every Tuesday in January 2025

Time: All Day

Place: Aquarena

Enjoy a reduced family entry price for a full day of swimming fun!

Australia Day Public Holiday
Date: 26 and 27 January 2025

Open hours at Aquarena: 8:00am–6:00pm Open for the public holiday with special hours. Mullum Mullum and DISC will host a basketball tournament only, with no casual shooting available. Group fitness classes will be confirmed closer to the date

HASP (Holiday Acceleration Swim Program)
Dates: Monday 13 January to Friday 17 January

Time: Daily 30-minute lessons

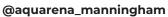
Place: Aquarena

Active Manningham brings you an energetic 5-day initiative to accelerate swimming skills. Open to participants aged 3 years and above, HASP offers a focused and fun way to improve swimming abilities.











@manninghamstadiums







