

DONCASTER TEMPLESTOWE SWIMMING CLUB TRAINING SCHEDULE 2026

Book your training sessions:

All DTSC training sessions must be booked in advance through the Customer Portal. Sessions can be booked up to 7 days in advance, we encourage all members to secure their preferred sessions as early as possible.

Scan QR Code
to book your
sessions



Academy Silver

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30am-7.30am		6:30am-7.30am	6:30am-7.30am	6:30am-7.30am	5:30am-7:00am	
					7:15am-8:00am	4:00pm-4:45pm
						5:00pm-6:00pm
		6:00pm-6:40pm				
7:00pm-8:00pm		7:00pm-8:00pm	7:00pm-8:00pm	7:30pm-8:30pm		
	8:00pm-9:00pm					

Academy Gold

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30am-7.30am		6:30am-7.30am	6:30am-7.30am	6:30am-7.30am	5:30am-7:00am	
					7:15am-8:00am	
						3:00pm-3:45pm
						4:00pm-5:00pm
		6:00pm-6:40pm				
	7:00pm-8:00pm	7:00pm-8:00pm		7:30pm-8:30pm		
8:00pm-9:00pm			8:00pm-9:00pm			

Competition

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-6.00am	5:30am-6.00am	5:30am-6.00am	5:30am-6.00am	5:40am-6:10am	5:30am-7:00am	
6:00am-7.30am	6:00am-7.30am	6:00am-7.30am	6:00am-7.30am	6:15am-7.30am	7:15am-8:00am	
4:00pm-5:30pm		4:00pm-6:00pm				
	6:00pm-6:30pm			6:00pm-7:30pm		
	7:00pm-8:30pm		7:00pm-8:30pm			

State Development & State

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-6.00am	5:30am-6.00am	5:30am-6.00am	5:30am-6.00am	5:40am-6:10am	5:30am-7:00am	
6:00am-7.30am	6:00am-7.30am	6:00am-7.30am	6:30am-7.30am	6:15am-7.30am	7:15am-8:00am	
4:00pm-5:30pm		4:00pm-6:00pm				
	6:00pm-6:30pm					
	7:00pm-8:30pm		7:00pm-8:30pm	6:00pm-7:30pm		

25m Pool Session
(Aquarena)

Dry Session - Studio 2
(Aquarena)

Gym Session
(Aquarena)

Eltham Leisure Centre
25m Pool Session

Required minimum sessions per week:

Academy Silver: 3

Academy Gold: 3

Competition: 4

State Development & State: 5



ACTIVE
MANNINGHAM

